

NORTH VALLEY GOLDEN BEARS FOOTBALL

EST. 1969

NORTHVALLEYBEARS.ORG

NORTHVALLEYBEARSFOOTBALL@GMAIL.COM | 818-869-4479



REGISTRATION

Ages 6-14 must be 6 before August 1, 2023

**Fees: \$385 plus cost of personalized uniform (\$75-85)
(includes 2 jerseys and pants)**

You must submit a minimum of \$100 non-refundable deposit to begin practice.

Before registering, please look over the GCYFL age/weight matrix.

A physical exam form must be completed before practice begins, July 17th.

All practice and home games are held at El Cariso Park in Sylmar.

Pre-season conditioning is offered on select dates throughout the months of June-mid July. These sessions are scheduled around the availability of our volunteers. These sessions are not mandatory.

Regular season practice begins July 17, 2023 and will be 4-5 days a week, 2 hours a day throughout the month of August.

Each player must condition for a mandatory 20 hours before receiving their equipment and participating in full contact practice. Those hours begin counting July 17th. Any missed practices will result in a delay of participation.


- **Saturday August 5 - Mandatory GCYFL Weigh-in**
- **Saturday August 12 - GCYFL Jamboree Games**
- **Saturday August 26 - First Game of Season**


Games are played on Saturdays and begin August 26, 2023. Players are expected to arrive up to 2 hours prior to the start of the game. The duration of each game is approximately 2 hours.

We are members of the GCYFL football conference. Game time/location scheduling is released by GCYFL the week of August 21, 2023. North Valley does not have any control over the scheduling, or any modifications made by the conference. Please note that game times/location will vary per division. Siblings in different divisions will most likely not be scheduled to play at the same location on game day. Please plan accordingly.

GCYFL Jamboree will be held on August 12, 2023. Each team will participate in 2-3 short scrimmages in order to be rated by the GCYFL officials. These ratings will place teams in either the National (Division 1) or American (Division 2) Leagues to maintain competitiveness.

Each player will have a minimum number of plays they must participate in each game.

 @northvalleybearsfootball

 North Valley Bears Youth Tackle Football and Cheer



NORTH VALLEY GOLDEN BEARS FOOTBALL

There are several local teams in the San Fernando and Santa Clarita Valley, as well as teams as far as Santa Barbara, so please be prepared to travel for away games. Each team will have approximately 3-5 away games during the regular season. Our home games will be played at El Cariso Park in Sylmar.

The week of August 28, 2023, practice will go to 3 days a week (Tues, Wed, Thurs). Occasional modifications may occur during the season.

There are 7-8 games in the regular season, and single elimination games in the playoffs. Please be prepared for the season to extend until mid-late November.

Personal checks are accepted through July 17, 2023. All fees collected thereafter are CASH, Online registration payments, or Venmo Payments ONLY.

The fees you pay include the following:

- Use of equipment
 - Helmet
 - Practice jersey
 - Shoulder pads
- Participation trophy
- Team picture package
- Secondary insurance
- Conference Fees
- Cost for referees
- Cost of game medics
- Costs to use playing and practice fields.

Football Fees must be paid in full by August 2, 2023

We have a mandatory fundraiser each year that all players must participate in.

NOTE: All past accounts must be paid in full. NVAC will not release any football player or cheerleader if there are past debts or borrowed equipment owed to our organization.

Personal items needed for each player:

- Football cleats
- Black Integrated Football Pants
- Protection cup
- Skull Cap
- Mouth Piece
- Team Socks (black, white, gold, pink)

Banquet - will be held in February 2024 at that time players will receive trophies & pictures.

We communicate exclusively through Stack TeamApp. We do not text or call parents!

- Download Stack TeamApp
- Search for "NV Golden Bears Football 2023"
- Request to join, select appropriate division

